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PER(e)SPECTIVE  
OF LOVE  
Without  
Violence

PER SPECTIVE



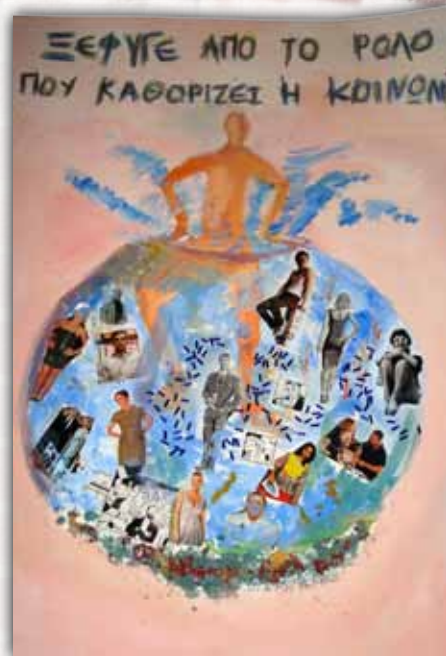


## Perspective Project

The project “Perspective”, funded by the European Commission Daphne III Programme aims to reduce and prevent gender-based violence among youth by raising young people’s awareness on gender violence and proposing alternative relationship models based on mutual respect, tolerance and equality. The project’s long-term goal is to prevent violence against women from occurring later in life. Within this framework, the project activities aim to promote awareness among youth as well as among the general public on gender-based violence and other forms of gender-based discrimination as well as to promote the active participation of young people in combating this phenomenon. The project “Perspective” is coordinated by the City of Modena (Italy) in partnership with the Mediterranean Institute of Gender Studies (Cyprus), UNICEF (Italy), the European Anti-violence Network (Greece), Strategy Transnational (Germany), Centro Documentazione Donna (Italy), the Province of Alicante (Spain) and Cap Sciences Humaines (Belgium).

The main activities of the project are:

- A mapping of gender-based violence among young people in the partner countries as well as the collection of educational materials with the aim to identify good practices in preventing gender-based violence among adolescents;
- A public seminar entitled ‘Prevention of Gender-based Violence among Adolescents in Cyprus and Europe: Research and Educational Practices’, organized by MIGS with the participation of experts, teachers, education practitioners and NGO representatives;
- The organization of training workshops in



secondary schools using the ‘peer education’ methodology, with the aim to promote awareness on issues such as bullying, gender-based discrimination, gender roles and stereotypes, and violence in intimate relationships;

- The organization of an event entitled ‘It can happen to you: Youth voices against gender-based violence’, with the participation of secondary students, as well as their teachers and parents. The event also included an exhibition of posters created by the student participants of the peer education workshops;
- The implementation of an awareness raising campaign, addressing young people and the general public, using key messages developed by the participants of the peer education workshops;
- The development of guidelines for teachers and youth workers on how to replicate the peer education workshops in formal and non-formal education, and within their own specific contexts.

## What is gender-based violence?

Gender-based violence is violence inflicted on a person on the basis of their gender or sex. It includes all acts of violence that are related to the deviation of socially accepted gender roles and expectations that any given society determines as appropriate for women and men. Gender based violence is rooted in gender inequities and unequal power relations between women and men. Gender-based violence can be physical, sexual, verbal, economic or socio-cultural and often consists of a combination of these. Gender-based violence can be committed against both women and men, however it is widely acknowledged that this violence affects women and girls disproportionately.

In relation to adolescent relationships, gender-based violence can appear in the following forms:

- Verbal bullying including through the spreading of rumours relating to the (perceived) sexual behaviour of a person;
- Sexual harassment, including offensive comments or behavior and unwelcome verbal or physical conduct of a sexual nature;
- Physical violence and/or social exclusion (isolation, rejection by peers);
- Violence in intimate relationships including physical, verbal or psychological abuse. Psychological violence can include the control or attempted control of the behavior and actions of one’s partner as well as through verbal threats and/or insults.



## Awareness raising campaign against gender-based violence

The main aim of this campaign is to raise awareness among young people as well as the general public on the various forms of gender-based violence among adolescents, as well as on the repercussions of such violence on their mental, physical and psychological health. The campaign includes messages developed by the participants to this project towards their peers which are included in this leaflet. MIGS also visits secondary education schools in order to meet with students and provide more in-depth information on gender-based violence and its consequences. With this framework, MIGS aims to contribute to the prevention of this phenomenon by empowering young people not to tolerate violence in any form that this may appear in their everyday relationships.



## Mediterranean Institute of Gender Studies (MIGS)

The Mediterranean Institute of Gender Studies (MIGS) is a non-profit organization, affiliated to the University of Nicosia. The Institute aims to act as main contributor to the intellectual, political, and sociopolitical life of the region as this relates to issues of gender and to do so using a multidisciplinary approach and in collaboration with other institutions. The Institute recognizes the multilayered levels of discrimination against women and accepts that this discrimination takes different forms. It is committed to the elimination of this discrimination using a combination of research, advocacy and lobbying, as well as awareness raising activities, training workshops, conferences, and other activities.

For more information please contact the Project Coordinator, Georgina Christou at [georgina@medinstgenderstudies.org](mailto:georgina@medinstgenderstudies.org).