



Online Professional Education for
Physiotherapists on Domestic Violence

3rd Newsletter



OPEP-DV

2021-1-EE01-KA220-VET-000029791

<https://opep-dv.eu/>

Along march 24, 74 participants tested our MOOC course and received 1 ECTS being the results and comments very positive.



**Testing
Online course
(MOOC) for
physiotherapists
in the Spring of
2024**

“was a very good start. I believe that domestic violence is unfortunately a big problem in our society and this course is just the first step. For this reason, I do feel that my awareness has increased, but I don't feel enough competent to deal with it. Also, it would be nice to explore the links that you gave calmly.”

“I personally knew already before the course basic principles of abuse. But the course helped to know facts more specifically, especially how to recognize abuse victims. Although I think it would need some practice to be more confident.”

“thank you very muchI dream of a world without violence ...until then I thank everyone who helps for this purpose ...”

“I am grateful that I was able to participate in the course. It is a very important topic and I got a lot of important information from this course. Thank You!”

Training on how to use Opep_DV online course: Abuse Recognition & Support in Healthcare: A Quick Guide for Physiotherapists



A total of 15 participants (on-site and on-line) have participated on our training .

The training "How to use free online resources developed within the framework of Erasmus+ OPEP-DV project" was implemented by University of Tartu in Heraklion (17, 18 and 19 of September 2024) and carried out by Anastasiia Turusinova, e-learning specialist from University of Tartu.

By the end of the training participants were able to:

- List main problems of domestic violence (DV) identification within healthcare sector (physiotherapy in particular).
- Start using wide range of tools that help to identify and address DV in patients.
- integrate OPEP online course into universities' curricular.
- Translate, adjust and update course components on Moodle.
- Run the course and offer it to their students.

OPEP-DV 6th Transnational project meeting Heraklion - 16th of September 2024



Our 6th Transnational project meeting was hosted by Union of Women Associations of Heraklion Prefecture.

Our main goals were to check the state of the art of the project, the local translation of our results: PR1- Report on physiotherapy and domestic violence (DV) , PR2- Training programme for physiotherapist and other health professionals working with victims of violence, and PR3 – MOOC course, the MOOC implementation in Estonian and establish the bases of our final Conference in Tallinn and the promotion of Conference and results.

Partners' news

Mediterranean Institute of Gender Studies [MIGS]

New Awareness Posters on Domestic Violence Support Launched

The Mediterranean Institute of Gender Studies (MIGS), in collaboration with the Cyprus Advisory Committee on the Prevention and Combating of Domestic Violence (ACPCDV), has launched a new awareness poster aimed at providing information about available services and the 1440 helpline for those affected by domestic and intimate partner violence.

The poster was developed in consultation with physiotherapists who participated in a capacity-building seminar organized by MIGS and ACPCDV as part of the OPEP DV Project in January 2024. The poster is intended for use in hospitals and physiotherapy clinics to facilitate referrals for victims-survivors and witnesses. The posters have been approved by the Cyprus Ministry of Health and they are available in both Greek and English.



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OPEP-DV

MEDITERRANEAN INSTITUTE OF GENDER STUDIES

Have you witnessed abuse? We can help.



HELPLINES

Association for the Prevention and Handling of Violence in the Family (SPAVO).....**1440**
Citizen's line.....**1460**



LIVE-CHAT

SPAVO
domviolence.org.cy
or send a message to
99 984042



Recognise the signal!

With the support of the Ministry of Health

*The lines are operating 24/7, free of charge.

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MEDITERRANEAN INSTITUTE OF GENDER STUDIES

Είσαι μάρτυρας κακοποίησης; Υπάρχει βοήθεια.



ΓΡΑΜΜΕΣ ΒΟΗΘΕΙΑΣ

Σύνδεσμος για την Πρόληψη και Αντιμετώπιση της Βίας στην Οικογένεια (ΣΠΑΒΟ).....**1440**
Γραμμή του Πολίτη...**1460**



LIVE-CHAT

ΣΠΑΒΟ
domviolence.org.cy
ή στείλετε μήνυμα στο
99 984042



Αναγνώρισε το σινιάλο!

Με τη στήριξη του Υπουργείου Υγείας

*Οι γραμμές λειτουργούν 24/7, δωρεάν.

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OPEP-DV

MEDITERRANEAN INSTITUTE OF GENDER STUDIES

Are you a victim of abuse? There is help.



HELPLINES

Association for the Prevention and Handling of Violence in the Family (SPAVO).....**1440**
Police emergency line.....**112/199**
Police citizen's line.....**1460**



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Our partners have published an article in European Journal of Physiotherapy:

Beyond bones, joints and muscles: can physiotherapists have a role in identifying and supporting domestic violence victims?

Domestic violence (DV) is a widespread global issue impacting individuals across various demographics. Physiotherapists, due to their close interactions with patients, are in a unique position to identify and assist victims of DV. However, a study assessing the knowledge, attitudes, and experiences of 167 physiotherapists in Estonia, Greece, Cyprus, and Spain revealed a significant gap in their preparedness for this role. Only 13.2% had received training on DV, and less than half felt confident in making referrals to support services.

The study found that more experienced physiotherapists, particularly those specializing in paediatrics or chronic conditions, were more likely to encounter suspected DV cases. These findings underscore the urgent need for DV training in physiotherapy education and continuing education programs. In response to this, the Online Professional Education for Physiotherapists and other healthcare professionals on DV (OPEP) project has developed an online training resource focused on DV identification and referral protocols, highlighting the essential role of healthcare professionals in addressing DV and supporting victims.

You can read the article [here](#):

<https://www.tandfonline.com/eprint/X5QBPHWKHJ63BTHQCZN7/full?target=10.1080/21679169.2024.2385323#abstract>



Research Article

Beyond bones, joints and muscles: can physiotherapists have a role in identifying and supporting domestic violence victims?

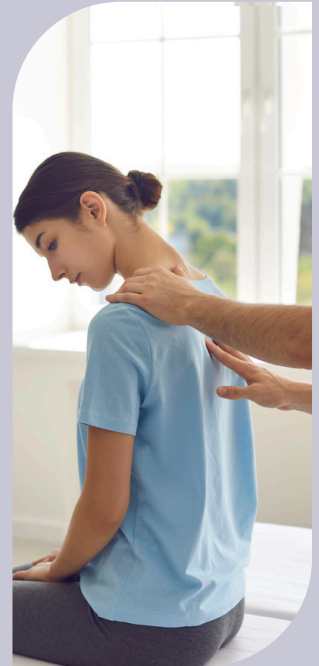
Mariia Chebotareva , Lenard Millich, Hector Charles Pagan, Anna-Liisa Tamm, Jelena Sokk & Jaan Looga
Received 26 Apr 2024, Accepted 22 Jul 2024, Published online: 08 Aug 2024

“ Cite this article  <https://doi.org/10.1080/21679169.2024.2385323>  Check for updates

Last months of the project: next steps

As a part of our last Opep _DV activities, local events will be run out organized by each partner. The aim of the seminar is to introduce the report, the curriculum and related training materials and open a discussion on how these materials could be incorporated in the existing training programs in physiotherapy education

The target group will be adult learning professionals, experts, students, policymakers, etc., in the health care field. They will be encouraged to use curriculum in training programs with support of OPEP_DV partners. We will explain more at our last newsletter. Stay tuned!!



WSIC

*There is a way
out of violence!*



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