

Our partnership

Applicant

• **Universtiy of Tartu – Estonia**

Partners

• **UNION OF WOMEN ASSOCIATIONS OF HERAKLION PREFECTURE (UWAH) – Greece**

• **Women's Support and Information Centre (WSIC) – Estonia**

• **Mediterranean Institute of Gender Studies (MIGS) – Cyprus**

• **M&M Profuture Training, S.L – Spain**

• **Tartu Health Care College – Estonia**



Erasmus+



OPEP-DV

Online Professional Education for
Physiotherapists on Domestic Violence

For more information about Opep DV:

[o pep-dv.eu](https://www.facebook.com/OPEPproject/)

<https://www.facebook.com/OPEPproject/>
<https://www.instagram.com/o pepproject/>

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OPEP - DV : working on solving the gap between the education of health care workers and the needs of victims of domestic violence

Why this Project? Our reasons...

- Health care professionals encounter numerous individuals in their practice, and given the high rates of intimate partner violence within the population, it is important that they are aware of how to identify and respond to domestic violence (DV).
- Poor adherence to treatment has been identified across many healthcare disciplines including physiotherapy (Vasey, 1990, Friedrich et al., 1998, Campbell et al., 2001).
- One of the major barriers is lack of formal training
- Research has shown that in addition to a lack of skills of healthcare workers, their attitudes towards and beliefs concerning DV can hinder their ability to properly serve DV victims.
- It is basic that health care professional will be able to identify such situations and properly address them.

Goal

OPEP-DV focuses on professional education and training of physiotherapy professionals working with women so that they can identify and provide assistance to victims of domestic violence (DV). The project's goal is to develop a standalone training course and an online education module on domestic violence for current and future physiotherapists and other healthcare workers (e.g., nurses, midwives and care workers) working closely and on regular basis with female patients.

Our results will be:

- Report on physiotherapy and Domestic Violence - Studying the training, operating contexts and current attitudes of health care workers, especially physiotherapists in each partner country and propose solutions to address these gaps
- Training Program for physiotherapists and other health care professionals working with victims of violence
- Online Training Course (MOOC) for physiotherapists and other healthcare professionals who come across patients who may be victims of violence.
- Promotion of the above among health and education policy makers and VET providers in partner countries and the EU.